

Mental Health & the Built Environment

What is Your Setting?	
Who will this space serve? Consider both the consumers and the staff.	
What goals (purpose for being there) do these people have while they are in the space?	
What kind of headspace might they be in? Which mental health concerns would you consider?	
What might help them feel safe?	
What might help them feel healthy?	
What might help them feel creative/ motivated?	
What might help them feel connected?	